

# Learning Project- The NHS



The project this week aims to provide opportunities for your child to learn more about our wonderful NHS. Learning may focus on the history of the NHS, significant people including local NHS workers and generally showing appreciation and support for our heroes.

## #ThankYouNHS

<p>Red is for Love</p> 	<p>Orange is for Energy</p> 	<p>Yellow is for Happiness</p> 	<p>Green is for Safety</p> 	<p>Blue is for Appreciation?</p> 
<ul style="list-style-type: none"> <li>• Can you write an acrostic poem to say thank you to the <b>NHS</b>? You could use the words <b>THANK YOU</b> or <b>GRATITUDE</b> as a writing frame.</li> <li>• It's important that we continue to look after one another after this. Write or record a <b>pledge</b> to your <b>family</b> or <b>community</b>.</li> <li>• Make a thank you poster, record a video or write a letter of <b>gratitude</b> to the <b>NHS</b> staff. Share this online with adult help.</li> <li>• Not all <b>heroes</b> wear capes. Some wear scrubs, blues or uniforms. Invent your own superhero. What <b>qualities</b> would they have? What would their <b>superpower</b> be?</li> <li>• Make a <b>heart</b> to show your <b>love</b> for the <b>NHS</b> and <b>Key Workers</b>. This could be made from salt dough, pebbles from the garden, bread or anything else you can think of.</li> </ul>	<ul style="list-style-type: none"> <li>• Plan a fundraising event to raise money for the <b>NHS</b>. Why not share your idea with teacher when you return to school?</li> <li>• Take part in the weekly <b>#ClapforourNHS</b> <b>#ClapforourKeyWorkers</b> to show your appreciation.</li> <li>• Use all that extra <b>energy</b> to do something different at home. You could make cakes and ice them with the words 'Thank You'.</li> <li>• Your <b>daily exercise</b> could be a walk <b>close</b> to home. Take photographs of everything that made you smile on your walk.</li> <li>• How has the <b>NHS</b> changed over time? What has been the impact of <b>science</b> and <b>technology</b>? Draw a 'Then and Now' picture.</li> </ul>	<ul style="list-style-type: none"> <li>• Rainbows are a <b>sign of hope</b>. Draw or paint a rainbow and display it in your window. Already have a rainbow? Get inventive and find a different way to produce this colourful symbol.</li> <li>• If you could send the <b>NHS</b> workers anything to make them <b>smile</b>, what would you send them? Draw a picture of the perfect gift.</li> <li>• Share a smile for our <b>Key Workers</b>. You could take a photograph and <b>Tweet</b> it (with adult help), or you could get creative and make your own smile using materials from around the home.</li> <li>• The <b>NHS</b> staff show <b>kindness</b> and spread <b>happiness</b> every day. Create a Kindness Jar by writing <b>acts of kindness</b> and popping them into the jar.</li> <li>• Create your very own story of <b>joy</b> in the role of a nurse, paramedic, doctor or other health professional. Present this in a mini story book or as a comic strip.</li> </ul>	<ul style="list-style-type: none"> <li>• Make a <b>Stay at Home, Protect the NHS, Save Lives</b> poster. Display this next to the rainbow in your window.</li> <li>• Make a video or a jingle about the importance of <b>handwashing</b>. Share this online with adult help as a friendly reminder to us all.</li> <li>• All <b>NHS</b> staff play a vital role in keeping us <b>safe</b>. Research each role and create fact files about each job. Which job would you like and why?</li> <li>• We can help to keep ourselves and others safe. Write a set of instructions for calling 999 or giving CPR.</li> <li>• Imagine a life without the <b>NHS</b>. What would it be like? Write a speech about life without the <b>NHS</b>.</li> </ul>	<ul style="list-style-type: none"> <li>• In 2018, the <b>NHS</b> celebrated its 70<sup>th</sup> birthday. Create a timeline that shows how the <b>NHS</b> was developed.</li> <li>• Who was <b>Florence Nightingale</b> and why is she so important? Who was <b>Aneurin Bevan</b> and why is he so important? Who was <b>Mary Seacole</b> and why was she so important? Create biographies about these significant people.</li> <li>• Do you know a local <b>NHS</b> or <b>Key Worker</b>? Create a biography or fact file about this important person.</li> <li>• There are many <b>NHS</b> facilities in our <b>communities</b>. Identify them on a map and count how many are close by.</li> <li>• Interview somebody who has used the NHS. This could be somebody in your household or you could call a family member. What do they want to thank our <b>NHS</b> for?</li> </ul>